



Bourn Parish Council Newsletter

December 2015

Welcome to our December newsletter. In this issue:

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Planning Update

South Cambridgeshire Local Plan Update: A modified Local Plan has now been released by South Cambs District Council in response to the issues raised by the Inspector at the Examination in Public. A consultation period on these modifications begins on 2 December and closes at 5pm on Monday 25th January. You can see the modifications and have you say by visiting the website www.scambs.gov.uk/localplanmods-dec2015. The Parish Council will provide further information and advice on the modified Local Plan over the coming weeks on the <http://www.bourn.org.uk> website.

Bourn Parish Council convenes a coalition of 16 parish councils concerned about the likely impact of the Local Plan on our villages. We are especially concerned about unsustainable housing developments, such as Bourn Airfield.

Get in touch

Website: www.bourn.org.uk

If you would like the newsletter emailed to you please contact Cllr Jaggers.

Village Footpaths

You can now find maps and information about local footpaths on the village hall notice board and on the Bourn website.



Speed Limits

As you may be aware the Parish Council is seeking to implement 20 M.P.H. speed restrictions on Short Street, Hall Close and Riddy Lane and applying for a Small Highways Improvement Grant to achieve it. We have set up a petition for residents to support the application. If you would like to sign the petition please see the notice board in the village shop.



Cambridgeshire County Council Updates

Tough choices for Cambridgeshire to meet £41 million savings

This month Service Committees will look at proposals to meet the major financial challenge of £41 million savings this year and more than £100 million over the next five years. This follows cumulative savings of £218 million since 2009. The scale of savings means that proposals will have an impact on all services, from how the Council looks after roads, manages libraries and cares for the most vulnerable.

Councillors will be looking at initial proposals of how these savings may be achieved and, with officers, will be working to change or mitigate these options to reduce the impact on communities. Service Committees will comment on the proposals which will then go to the General Purpose Committee for consideration before the business plan is discussed by Full Council early next year.

For more information see our website -

www.cambridgeshire.gov.uk/news/article/373/tough_choices_for_cambridgeshire_to_meet_41_million_savings

There is also a link on our website to have your say www.cambridgeshire.gov.uk/challenge
Amanda.Silvester@cambridgeshire.gov.uk (Cambridge City & South Cambs)

Youth Grants

Legally constituted organisations with an income of less than £75,000 a year can apply for up to £3,000 to fund projects that benefit young people, aged 10 – 18 years and living in Cambridgeshire or up to 25 years if a young person has a special educational need or is disabled.

Projects should contribute to at least one of the Area Partnership Priorities (improve emotional health & wellbeing, increase work readiness or reduce the number of young people who are not in education employment or training, support new communities, reduce the impact of child poverty, encourage young people to be involved in decision making, raise awareness of or reduce incidents of child sexual exploitation) and do one or more of the following: help young people: develop their own initiatives, participate in their community, motivate other young people to take part, develop opportunities for young people to explore, be creative and play.

The deadline is Thursday 31 December 2015. For a grant form contact

Amanda.Silvester@cambridgeshire.gov.uk (Cambridge City & South Cambs)

Streetlight consultation

We are urging residents to have their say on proposals to further dim or turn off some streetlights at certain times to meet tough saving targets. We're looking to follow the lead of more than 60 councils across the country, which have already turned off or dimmed street lights, which should save around £272,000 from an annual cost of over £1.4m a year. The savings made would help reduce the impact of £41 million of cuts on other frontline services.

For more details please visit www.smartsurvey.co.uk/s/CambridgeshireStreetlightConsultation/ or contact research.performance@cambridgeshire.gov.uk. The closing date for responses is 11 December 2015, paper copies are available.

We've already been talking to parish, town, district and city councils to explain the proposals for their areas. This has also included looking at any concerns they may have as well as local solutions they may wish to propose, including funding for some lights. A recent report shows that where this approach of dimming or turning off streetlights has been taken elsewhere, there is no evidence to suggest a link with increases in crime or detrimental impact on safety.

Scams in our county

We've unfortunately had reports of two particular types of scams that residents in our county are being targeted by – both claim to be from Cambridgeshire County Council.

In the first, someone is phoning residents claiming to be from Cambridgeshire County Council and asking about their recent fall. The person calling tries to engage the resident in conversation with the aim of finding out personal details.

Cambridgeshire County Council Updates/Continued

If you ever receive a call from someone you don't know saying they work for us, get their name and tell them you will call them back. Phone our General Enquiries line 0345 045 5200 and ask to be put through to that named officer.

The second is a rogue trader scam from someone claiming to work for our Highways or Streetworks Team. They are approaching residents to say they are doing safety markings in the area and are offering their surplus thermoplastic paint to refresh any markings you may have (for example parish council owned recreation car parks) for a fee. Our officers would never do this. If you receive any approaches of this sort please decline the work, you can always check the authenticity of one of our officers by calling our telephone number above.

For further advice and guidance on scams and rogue traders please see our website www.cambridgeshire.gov.uk/scams

Loan Sharks

A loan shark is someone who lends money without the permission required by the Financial Services & Markets Act 2000. It may be tempting to borrow from rogue money lenders who won't ask questions about your financial situation. These people may call at your door or you may hear about them from others, and it might seem like an easy and quick way to borrow money. At first they will seem very friendly and trustworthy. They will charge you a huge rate of interest, meaning you have to pay back far more money than you borrowed and that you can afford. They often keep increasing the amount you owe and may ask for security on the debt such as your passport, bank card or driving licence.

Victims of loan sharks are not only charged astronomical rates of interest, but very often face violence, intimidation or blackmail if they fall behind with their payments. The average cost of borrowing from a loan shark is three times the price of the highest cost of legal credit. The highest interest rate the team have come across so far was 131,000% APR.

If you or someone you know is a victim contact Trading Standards Illegal Money Lending Team in strictest confidence, 0300 555 2222, reportaloanshark@stoploansharks.gov.uk or text 'loan shark + your message' to 60003. For more information visit www.gov.uk/stoploansharks

Give sport a try, join Sport England's Stepping Stone project

Over the last two years, Stepping Stone has helped nearly 130 disabled people and those with long term health needs to take part in over 2000 activity sessions in 23 different sports including golf, paddle boarding, boxing, archery, shooting and trampolining.

Do you fancy giving sport a try? There's an opportunity to join the growing success of Stepping Stone which supports and encourages regular sports participation, coaching, refereeing or officiating for adults and young people aged over 14.

Funding by Sport England for the project, delivered by Living Sport, has recently been extended and direct financial support for individuals is still available.

For more information contact Rebecca Gilbertson, 01487 849929, rebecca.gilbertson@livingsport.co.uk

Village Carol Concert and Advent Calendar

The Great Barn at Manor Farm, Alms Hill will be hosting Christmas Carols at 4:30pm on 19th December. See the poster below for details. You might also like to see the advent calendar on the Bourn website - <http://bit.ly/1Qp4met>

With
'Cambridge
&
Surrounding
District'
brass band

The Village Carol Countdown

Sing the top ten carols as
★ voted for by you! ★
Saturday 19th December, 4.30pm

At The Great Barn Manor Farm, Alms Hill.

Standing room, seating on straw bales (chairs on request).

*A Carol Singers' Supper raffle
(family-sized)
by Knibbs Meat Safe & Café Abantu.
Refreshments: Mulled wine & mince pies.*

Come and share this magical Christmas experience,
★ but wrap up warmly as it will be cold! ★
Please use Manor Farm's vehicle access to walk to the
Barn.


For more information contact Pip Brooks on 712833 or Joy Naylor on 715396.

New Bench at Alms Hill

The new bench for Alms Hill arrived a couple of days ago and is now in place. Ably assisted by Councillor Rolfe, the delivery driver caused chaos with the traffic as it was unloaded! Weighing in at an impressive 155kg it proved quite a feat to install but should withstand years of use. The bench was purchased following a donation and the Parish Council wishes to thank **Bourn To Run** for their generosity.



Important Information from NHS Cambs and Peterborough CCG



Your nearest Emergency Department:

- Addenbrooke's Hospital**
Hills Road, Cambridge, CB2 0QQ
Tel: 01223 245151 www.cuh.org.uk
- Hinchingbrooke Hospital**
Hinchingbrooke Park, Huntingdon, PE29 6NT
Tel: 01480 416416 www.hinchingbrooke.nhs.uk
- Peterborough City Hospital**
Edith Cavell Campus, Bretton Gate, Bretton,
Peterborough, PE3 9GZ
Tel: 01733 678000 www.peterboroughhandstamford.nhs.uk
- Queen Elizabeth**
Gayton Road, King's Lynn, PE30 4ET
Tel: 01553 613 613 www.qehk.nhs.uk

**The Emergency Department
and 999 services are for life
threatening and emergency
conditions only.**

Your nearest Minor Illness and Injuries Units and Walk-in Centre:

Minor Illness and Injury Unit (MIIU):
- includes x-rays, wound stitching and application of casts.

- Peterborough MIIU**
City Care Centre, Thorpe Road, Peterborough, PE3 6DB.
Tel: 01733 293 800.
Opening hours: Monday-Sunday, 8am-8pm.

Minor Injuries Units:
- see list overleaf of what they can treat.

- North Cambridgeshire Hospital**
The Park, Wisbech, PE13 3AB. Tel: 01945 488 068
Opening hours: Monday-Friday, 8.30am-6pm;
Closed Saturday, Sunday and Bank Holidays.
MIU X-ray: Monday-Friday, 9am to 4.45pm
- Princess of Wales Hospital**
Lynn Road, Ely, CB6 1DN. Tel: 01353 656 675
Opening hours: Monday-Friday, 8.30am-6pm;
Saturday, Sunday and Bank Holidays, 8.30am-6pm;
Closed Christmas Day and New Year's Day.
MIU X-ray: Monday-Friday, 9am-4.45pm.
- Doddington Community Hospital**
Benwick Road, Doddington, PE15 0UG.
Tel: 01354 644 243
Opening hours: Monday-Friday, 8.30am-6pm;
Saturday, Sunday and Bank Holidays, 9am-5pm;
Closed Christmas Day and New Year's Day.
MIU X-ray: Monday-Friday, 9am-5.45pm;
Saturday, Sunday and Bank Holidays: 1pm-4.45pm;
Closed Christmas Day and New Year's Day.

Walk-in Centre:



- St Neots Health Centre**
24 Moores Walk, St Neots, PE19 1AG. Tel: 01480 219 317
Opening hours: Monday-Friday, 8am-9am and 6pm-8pm;
Saturday-Sunday, 9am-4pm;
Closed Christmas Day and Easter Sunday.

NHS
Cambridgeshire and Peterborough
Clinical Commissioning Group

Feeling unwell?


There are a range of NHS
services on your doorstep

Self-care
111
Pharmacy
GP
Minor Illness and Injuries Unit or Walk-in Centre
Emergency Department or 999

Make sure you Choose Well.
Get the right treatment for you and help the NHS.

Self-care




There are lots of minor conditions you can treat at home with your medicine cupboard and plenty of rest.

You can treat these things at home:
Cold. Cough. Headache. Sore throat.
Cuts and grazes. Bumps and bruises. Hangover.
Indigestion. Diarrhoea.

Your medicine cupboard can include:
Painkillers. Anti-diarrhoeal/rehydration medicines.
Plasters. Bite and sting relief spray or cream.
Antiseptic cream. Indigestion remedies.
A thermometer. Cough medicine.
Antihistamine medicine.

NHS 111




You should use the NHS 111 service if you need medical help or advice urgently but it's not a life-threatening situation.

Calling 111 will connect you to a team of fully trained call advisers, who are supported by experienced nurses and paramedics. They will ask you questions to assess the symptoms, and give you healthcare advice you need or direct you to the most appropriate and available local service.

You should use 111 if:
It's not a 999 emergency. You think you need to go to A&E or another NHS urgent care service but you're not sure. You don't think you can wait for an appointment with your GP. You don't know who to call for medical help.

When an ambulance is required, they will dispatch one immediately – just as if you had originally dialled 999.


Minor Illness and Injuries Unit or Walk-in Centre



These offer convenient access to treatment for a range of minor illnesses and injuries.

Conditions that can be treated at the Minor Injuries Units and Walk-in Centre include:
X-rays are available on weekdays (see overleaf for details). Wounds – cuts and bruises (Tetanus immunisation can also be given). Bites – human, insect and animal. Minor burns and scalds. Muscle and joint injuries – strains, sprains, limb fractures. Sports injuries. Emergency contraception. Eye problems eg. removal of foreign bodies, conjunctivitis. Earache (patients aged two years and over). Cystitis (not children or male patients). Minor head injuries (with no loss of consciousness).

Your GP




If you have an illness or injury that won't go away make an appointment with your GP or telephone for advice. They provide a range of services by appointment and when absolutely essential can make home visits.

Some things GPs can help with are:
Flu jabs. Persistent ear pain. Persistent back ache. Persistent vomiting or diarrhoea. Allergic reactions. Long-term conditions. Counselling. Emotional problems.

To find your nearest GP service, visit www.nhs.uk
If you need to see a GP urgently in the evenings or weekends please call your GP practice as normal or call NHS 111 by dialling 111 for information on how to access the GP out of hours service.


Your local pharmacy



Your local high street pharmacy can provide confidential, expert advice and treatment for a range of common illnesses and complaints, without having to wait for a GP appointment.

Some of the things pharmacies can help with include:
Aches. Pains. Stopping smoking.
Emergency contraception. Medicines advice.
Hay fever. Coughs. Colds. Diarrhoea. Allergies.
Skin conditions. Flu jabs.

Emergency Department or 999 (A&E)



You should only go to the Emergency Department or call 999 when it's a critical or life-threatening emergency. Dialling 999 and stating an emergency situation will result in a response vehicle being sent to your location.

Emergency situations include:
Stroke. Overdose. Choking. Blacking out. Open wound blood loss. Loss of consciousness. Acute confused state and fits that are not stopping. Anaphylaxis or severe allergic reactions. Breathing difficulties. Persistent severe chest pain.

You should expect to be discharged from hospital as soon as you are medically fit and that staying in hospital beyond this point is not in your interests. It reduces beds availability for patients who are ill and in need of a bed.



**On behalf of everyone on the Bourn Parish Council, we wish
you a Merry Christmas and a Happy New Year!**

Parish Council Meetings

The Parish Council meets on the **third Wednesday of each month** (except August and December) **at 7.30pm in the Village Hall**. All parishioners are invited to attend the meeting and the first ten minutes or so are open to residents to ask questions or make comments and observations on Bourn matters or on items on the agenda. If the matter is on the agenda or has already been under discussion a response may be given at the meeting, otherwise the matter may be tabled for fuller discussion at the next or a future meeting. If you want to raise a matter with the Council please write to or email the Parish Clerk.

Items for the Parish Council's consideration must be sent to the Parish Clerk seven clear days before the meeting.

Bourn Parish Councillors and Contact Details

Name	Address	Tel. No (01954)	Email
Neil Blair (Chairman)	19 Church Street	719794	neil@blairfamily.me.uk
Vivien Bruce (Vice-Chair)	16 Kingfisher Close	718221	viv.bruce@btinternet.com
Stephanie Aldridge	49 Caxton End	269885	aldridge423@btinternet.com
Sarah Jagers	32 Caxton End	718037	sarah.jagers@btinternet.com
Steve Jones	Rosemary & Lavender Cottage, Caxton Road	719329	stevejonessja@aol.com
Des O'Brien	Vine Cottage, Fox Road	718115	des@amethyst-tv.com
Les Rolfe	57 Hall Close	718150	les.rolfe@hotmail.co.uk

Parish Clerk

Mrs Gail Stoehr, 30 West Drive, Highfields Caldecote, Cambs. CB23 7NY.

Telephone: 01954 210241 Email: bournpc@lgs-services.co.uk

Distribution

Newsletters are available from the website - www.bourn.org.uk and in printed copies at the village hall notice board, the local shop, the doctors' surgery, the Sheltered Housing Community Hall in Hall Close, and Knibbs the butchers'. They are no longer delivered door-to-door. If you have a neighbour who is unable to access a newsletter by any of these means please contact Cllr Jagers and we'll arrange to have a copy delivered.

**If you require this newsletter in large print please
contact Cllr Jagers on 07555 650443**